

Monash Health Prevocational (Intern/HMO) Unit Information

Unit: P Block, Clayton

Contents

Monash Health Prevocational (Intern/HMO) Unit Information	1
<i>Unit: P Block, Clayton</i>	1
Overview of Unit	2
Orientation.....	2
Roster.....	3
Supervision of JMS training.....	3
Who to contact for a sick patient	3
Contacts for leave, over time and Kronos	4
Educational opportunities.....	4
Learning objectives	4

Overview of Unit

P Block is a 31 bed inpatient psychiatric unit that includes a 3 bed acute medical area (psychiatric intensive care). P Block care for patients primarily 25 – 65 years of age, but from time to time admit patients 18 – 25 years old when Unit 2 (Dandenong Youth ward) is full. P Block has 4 Psychiatrists, one Senior Registrar, 2 first year Registrars, 1 HMO and 1 intern. The Junior Doctors have a case load of approximately 6 patients with a supervising Consultant Psychiatrist. Patient load can vary during leave cross cover.

Title of post	Mental Health – Acute Adult Inpatient Unit (<i>P Block</i>)		
Site	Monash Medical Centre, Clayton		
Important Contacts	Program Director	Prof David Clarke	david.clarke@monashhealth.org
	Clayton Unit Head (Acting)	Dr Vaidy Swaminathan	vaidy.swaminathan@monashhealth.org
	Lead Psychiatrist	Dr George Camilleri	george.camilleri@monashhealth.org
	Intern 1 supervisor	Dr George Camilleri	george.camilleri@monashhealth.org
	Intern 2 supervisor	TBC	
	HMO Supervisor	Dr Julian Hughes	julian.hughes@monashhealth.org
	Senior Registrar	Dr Stewart Saunders	stewart.saunders@monashhealth.org
	Nurse Unit Manager	Ms Amanda Haslam	amanda.haslam@monashhealth.org
	PA to Unit Head	Mrs Kristy Bain	kristy.bain@monashhealth.org
	Administration Staff	Ms Christine McNamara & Ms Sanjana Chandra	
	Monash Health Psychiatry Intern Coordinator & tutor	Dr Martin Preston	martin.preston@monashhealth.org Mobile: 0407 521 197
Review Date	12 months		

Orientation

- Orientation is provided on day 1 by the P Block Psychiatry Registrar(s) and supervising psychiatrists
- Orientation schedule including compulsory training provided on day 1 by PA to Unit Head
- Orientation to the ward layout, maps and swipe access will be provided by the NUM on Day 1
- A detailed orientation manual for Junior Medical Staff working in the Mental Health Program is available to all interns and HMOs at commencement of rotation
- Medical Staff new to Monash health are expected to attend the Generic Monash health orientation.
- Policies and guidelines are all provided on Prompt as per hospital network guidelines

Roster

Interns:

Interns work regular hours 8:30 -17:00 and are not required to be part of psychiatry on call roster.

Interns are supported and can seek assistance by calling the Clayton Psychiatrist of the Day (roster found on the R drive), if unable to contact their supervisor, Senior Registrar, first year Registrar or another ward psychiatrist.

Intern 1 will have Wednesday afternoons off. However afternoons off can be negotiated with the supervising consultant and rest of the junior medical staff

HMOs:

HMO rotations vary between 3 months to one year.

The HMO is expected to take part in the psychiatry after hours roster, which consists of "first on-call", "on call-recall", and "second on call". On average, a HMO would be required to do an after-hours shift once per fortnight. HMOs can seek assistance or advice from the senior consultant on-call. On weekends, a HMO or registrar is expected to join the Psychiatric Consultant for ward rounds.

Supervision of JMS training

Interns: All interns must submit a mid-term and end-of-term assessment for the psychiatry rotation (the same as for the other 4 rotations) within the times stipulated by the Monash Doctors Education guidelines.

HMOs: All pre vocational HMOs must undertake an end-of-term assessment and submit the forms for all rotations that are at least 8 weeks in duration.

Expectations for JMS performance include clinical responsibilities and tasks. Some useful tips for getting these jobs done:

- Be punctual and attend ward handovers
- Plan your day and week ahead (eg: start typing your discharge summaries from the day the patient arrives in the ward)
- Seek out the list of activities you need to complete from your registrar or supervising consultant
- Delegate work to others in the team that report to you, but appropriately. Check and co-sign if a medical student includes a notation in the patient's file
- Set time aside for administration activities such as completion of Mental Health Tribunal reports
- Try to leave on time

Who to contact for a sick patient

Call a MET call or Code Blue if necessary. Liaise with Registrars, Consultants or the on-call consultant of the day via switch. If the matter is urgent and nobody is available, please contact your Unit Head, Dr Vaidy Swaminathan.

Contacts for leave, over time and Kronos

Query	Contact name
Annual leave changes	Dr Vaidy Swaminathan, via Kristy Bain, PA to Unit Head
Sick leave	Initial queries to Supervisor or Monash Doctors Operations
Personal leave	Initial queries to Supervisor or Monash Doctors Operations
Overtime claims	Dr Vaidy Swaminathan, via Kristy Bain, PA to Unit Head
Kronos manager	Monash Doctors Workforce

Educational opportunities

Format	Day	Time	Venue
Journal Clubs and Case Conferences (alt with Professorial Grand round)	Mondays	12.30-13:30	LT3, Level 2, MMC
Professorial Grand Round (alt with Journal club)	Mondays	12.30-13.30	LT 3 (refer to invite for further information)
Fortnightly Intern Psychiatry Tutorials	Alt Thursdays	08:30 –09:30	Bluejeans videoconference/LT2
Monash Health Intern lectures (<i>mandatory & protected</i>)	Thursdays	12:30-1:30	Lecture Theatres

Learning objectives

At the end of this rotation, the prevocational doctor, under supervision, will be able to:

1. Science and Scholarship

- Consolidate, expand and apply knowledge of the aetiology, pathology, clinical features, natural history and prognosis of common and important mental health disorders in adolescence and adulthood
- Become familiar with the relevant section of the Victorian Mental Health Act
- Access and use relevant treatment guidelines and protocols
- Seek and apply evidence to medical patient care

2. Clinical Practice

- Assess and contribute to the care of patients with a broad range of mental health conditions including:
 - a. Patients presenting to mental health services for first time
 - b. Acute exacerbations of chronic mental health disorders
 - c. Patients who have both substance use disorders and mental illness
 - d. Patients whose predominant pathology is in realm of personality disorder
- Demonstrate appropriate history taking, physical examination and mental state examination skills
- Work with more senior psychiatric staff to develop management plans for patients
- Order and interpret investigations
- Access clinical management resources, making referral and monitoring progress

- Develop knowledge and skills in safe and effective prescribing of medications including psychotropic medications
- Develop familiarity with indications for ECT (administration not expected at this level)
- Develop effective communication skills including:
 - a. interactions with peers (particularly through clinical handover)
 - b. supervisors
 - c. patients and their families
 - d. other health care workers involved in multidisciplinary mental health care team
- Develop advanced skills in spoken, written and electronic communication
- Develop skills in obtaining informed consent,
- Develop written communication skills including:
 - a. entries in paper and electronic medical records,
 - b. admission notes,
 - c. progress notes
 - d. discharge notes
 - e. letters to other health care professionals

3. Health and Society

- Discuss allocating resources in providing medical care
- Participate in quality assurance, improvement, risk management processes and/or incident reporting
- Screen patients for common diseases, provide care for chronic diseases and discuss healthcare behaviours with patients
- Develop knowledge about how patient care interacts with sub-acute, community and ambulatory care facilities, including appropriate discharge destinations and follow-up

4. Professionalism and leadership

- Develop skills in prioritising workload to maximise patient and health service outcomes
- Demonstrate an understanding of roles, responsibilities and interactions with various health professionals in managing each patient
- Participate actively in the multi-professional/disciplinary team
- Develop and reflect on skills and behaviours for safe professional and ethical practice consistent with the Medical Board of Australia's Good Medicine Practice: A Code of Conduct for Doctors in Australia